

PATROLLING



***Volume 40 Number 5
October 2018***



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Tech Talk	Peter Stewart
Recipes	Ian Hart

CLUB MEETINGS are held at the Challa Gardens Primary School, Humphries Terrace (off Torrens Road), Kilkenny on the first Thursday of every month except January. Meetings commence at 7.30 pm.

The Nissan Patrol Club is a member of Four Wheel Drive SA Inc (FWDSA), which is a member of Four Wheel Drive Australia Pty Ltd (formerly the Australian National Four Wheel Drive Council Inc (ANFWDC)).

UHF Channel 21 is recognised as the official Club radio channel.

<i>Patrolling the Editor's Desk</i>
<p>Hi Folk Well here we are well into spring and hasn't it been good so far Ian and I are packing for the northern hemisphere and I'm in a quandary over what to take. Lots of layers of course but the hardest thing to decide on is shoes The AGM is fast approaching and you will find membership renewal forms and nomination forms for committee positions with this magazine Ian and I intend to do more travelling in 2019 and I would greatly appreciate a co-editor for the magazine. Fortunately when Kate handed over to me the information and advice which she passed on was well documented and easily followed and as they say if 'I can do it anyone can'. Cheers, Anne</p>
30 YEARS AGO-1987
<p><i>BIRDSVILLE RACES 31ST Aug. to 5th Sept. 1988</i></p> <p><i>Our trip began from Elizabeth, where all participants met. Well, two vehicles with Chris Wenham (Wally), his friend Mal and myself. After we called into Clare for a quick bite of tea, the charge light came on in my vehicle and would not go off while travelling. Oh no, what's wrong this time? Fan belt still there and everything seemed okay. We camped about 10k before Hawker. Next morning I called into the servo at Hawker to get the alternator checked - a new set of brushes fixed the problem. Back on the track, passed Beltana which was a hive of activity for the opera. We camped about 150k up the Birdsville track on the Cooper creek. On the track for another day, with all the other 30-40 4WDs going to the races. There were still many wet patches on the track and with the wildflowers in bloom, it made a pleasant change to seeing the countryside barren of growth</i></p> <p><i>We arrived at Birdsville about 4pm, unreal to see the usually quiet small town turned into one large party town. Had a quick beer at the pub, then on to set up camp before dark. Down to the Diamantina for a camp and to our amazement there were only a few campers there as most were on the other side and closer to the race track. We drove out to the edge of the desert for some firewood.</i></p>
Patrolling Magazine
<p>Trip Reports, photos, and any items of interest are all welcome. Please forward to the Editor. Contact details on page 3.</p> <p style="text-align: center;">THE DEADLINE FOR DECEMBER ISSUE IS:- 22nd NOVEMBER 2018</p> <p>Views and opinions expressed in this magazine are not those of the Nissan Patrol Club of SA, unless specific reference is made to the article Front cover is a February 2011 adaptation from Marie Schultz's 2003 original concept.</p>

<u>2018</u>	<u>Future Events</u>	<u>Leader</u>	<u>Activity</u>
12 th October	Theatre night – <i>Can-Can</i>	Jeff Schapel	Social
19 th -21 st October	Deep Creek – Working bee	Wayne Dunn	Park maintenance Camping & Social
26 th -28 th October	4WD and Adventure Show	John Kerr/ John Day	Showcasing NPCSA
2 nd -5 th November	Morgan Training weekend	Dave Richards	4W Driving Social
25 th November	Xmas family picnic		Social
16 th December	Breakfast in the park		Social
25 th -28 th January	Australia Day W/E Murbko Lagoon	Brian & Judy Cook	Social Canoeing/Fishing/ Swimming
19 th -27 th April	Pyrenees Easter with the Otway 4WD Club	Dave & Helen Richards	4W Driving Social
13 th July	40 th Anniversary Dinner	John Day	Social



(Remember to complete your ICE form prior to commencing on your Trip.)

All participants must register their name and vehicle registration on the trip sheet, or advise the trip leader of their participation. Registration is required to comply with the Club's public liability insurance policy. Visitors are welcome to join most trips and social events; simply register your name on the sheet in the trip folder or see the Trips Officer. Visitors must also sign the Club "Warning" forms if participating on a trip.

All participants must confirm with the designated Trip Leader by the Confirmation Date that they still wish to attend the event or trip. Failure to do so will indicate to the Trip Leader that you do NOT wish to participate.

If at the last minute you are unable to join a trip for which you have registered, please make every endeavour to advise either the trip leader or someone else joining the trip. This will ensure the group is not held up waiting for a non-arrival.

The Presidents Points

Hi Patrollers,

Well, here endeth my three month stint in the big chair for the Club. Thank you to all who carried on in their Club positions as usual and to all other Members who "stepped up-to-the-mantle" to fill absentee positions. Hopefully the journey to "Chez Day" wasn't too burdensome for the Committee members. Special thanks also to Allan Langer for his drone videos at the September General Meeting.



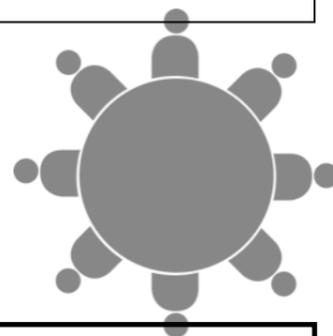
A lot is happening between now and Christmas, so I hope you have diaries full of the Club events We start with Deep Creek working Bee on 19 October to 20 October, followed by Morgan Training 2 November to 4 November, Xmas Family Picnic at Challa Gardens School on 25 November and Breakfast in the Park on 16 December..

A special event for the Club this year is the 4WD show, which is on from 26 October to 28 October at the Wayville showgrounds. The Club has a presence at the show to promote the Club. We have a Gazebo, promotional material and phone/details sheets for potential joinees. Various Members have volunteered to man the event for the Club (is it politically correct to "man" an event now?). A special thank you to John Kerr for arranging our presence with 4WD SA and the organisers of the event. If you are intending to go to the event, come and say "Hi".

From Leonard Nimoy's (Mr Spock) last tweet "A life is like a garden. Perfect moments can be had, but not preserved, except in memory. Live Long and Prosper."

John Day (407)
Signing Off.

Please forward your nomination form for committee positions to the Secretary at or before the November 1st GM



Now is the time to return the Annual Trophies so that they can be passed on to this years recipients



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NPCSA is now on

You, along with family & friends can follow the Nissan Patrol Club SA on Facebook.

Keep up to date with

- Photos from club trips
- Details of upcoming club meetings
- Member profiles and rig photos
- Product offers and 4WD innovations
- Videos of our 4WDs in action
- Special discounts for club members
- Details of upcoming trips
- Guest speakers at club meetings

Give us a big thumbs up at www.facebook.com/NissanPatrolClubSA



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Support the businesses that support the Club

Variety SA

On the 6th of June, Scott Limbert from the Variety Club of SA addressed our general meeting. Beginning with the background and history of Variety he went on to inform us of the amazing fundraising and broad spectrum distribution of the funds



Variety – the Children’s Charity supports children and families who are facing many challenges through sickness, disadvantage or living with a disability. Their work allows children to gain mobility and freedom, to get out and about in the community, to communicate, achieve independence and increase self-esteem. Where possible, children are assisted to integrate into mainstream school and activities. Funds help children and families in need who can’t afford specialist care and equipment, and when government support isn’t available

Having the chance to make the most of an education is the bridge to a brighter future. Variety supports children’s education, through things like technology, music, sport, therapy or a scholarship. Variety also proudly provides a range of support to special education and disadvantaged schools

There are many other facets to Varieties assistance

Mobility -wheelchairs, walking frames, hoists & vehicle modifications

Medical -Variety helps families care for children in their own home by providing vital medical items and equipment like feeds, seizure alarms nappies etc.

Schools & Organisations- help with things like all-ability playgrounds, modified swings and sunshine coaches for transporting children

Variety is an umbrella group supporting other charities. The SA Sprout Fund will offer eight organisations or individual’s certainty of funding with a grant of \$50,000 per annum for three consecutive years. In total Variety have committed to offer each successful applicant \$150,000 – a total investment of \$1.2m across this new initiative

Variety SA hold many fundraising events such as the Annual Themed Ball, the Bash, V2 for motorbikes and the 4WD Adventure (formerly Challenge)

Scott was setting off the next day to begin plotting the route for next year’s 4WD Adventure which will be from Parachilna to Laura in April 2019

Entrants have the opportunity to explore exclusive tracks around SA and beyond. This is a fully hosted event with a friendly atmosphere, unique dining experiences, showers and flushing toilets and booked entertainment along the way. Enjoy a 4WDDrivers dream providing comfort, adrenaline and adventure while raising funds for SA children in need

The entrant needs to have a fully prepared vehicle, sleeping equipment, nibbles and drinks. Also, to be self-sufficient and capable of getting out of scrapes while driving - but assistance is available for mechanical problems and tyre repairs are done at night. The function is catered by chefs and other volunteers. There is medical and air support

The South Australian ‘Tent’ has been very successful in raising money and every month Variety Australia delivers over \$1 million

NPC Christmas Breakfast in the Park

16th December 2018

**The final event for the year is the social gathering at
THE ROSE GARDEN, RYMILL PARK**

**Come along around 9am or when ready, to set up
with your BYO festive breakfast goodies (BBQ/
Bacon & Egg/or more Gourmet - Croissants or
Quiche etc) and spend the morning catching up and
sharing stories of your trips during the year.**

**Although Santa doesn’t appear at this outing you
never quite know what will or will not occur!**

See you there! NPC

Photographic Competition

Deadline

23rd October

Submit to Jeff Schapel



Enjoy the **Birdsville Track**



From Variety Website: 2018 4WD Adventure

THE METROPOLITAN MUSICAL THEATRE CO OF SA INC
PROUDLY PRESENTS OUR 60th ANNIVERSARY SHOW

COLE PORTER'S

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Never Never be an Artist
and the exciting
CAN - CAN Dance

DIRECTOR
Leonie Osborn
MUSICAL DIRECTOR
Stephanie Neale
CHOREOGRAPHER
Carmel Vistoli



2018
OCTOBER
11 - 13 & 16 - 20 - 8pm
Matinee Saturdays 13 & 20 - 2pm
Special Price Night Tuesday 16 - 8pm
ARTS THEATRE 53 Angas St ADELAIDE

Theatre Night on the 12th of October

Set in the year 1893, *Can-Can* tells the tale of Paris dance hall owner, La Mome Pistache, and her battle with a self-righteous judge, Aristide, who is determined to shut her business down. The sexy Can-Can dance has become popular and Judge Aristide is determined to stop it. When Judge Aristide investigates the Bal du Paradis, La Mome Pastache seduces him and the two eventually fall in love. By the time her case comes to trial, Aristide has had a change of heart and works to win her acquittal

Whats on in Adelaide & Regions

Sunday October 7th, 2018: Adelaide Town Hall Open Day 10am-4pm

Saturday 20th October: Gladstone Country Fair, Main Street, 11am-4pm

Saturday 27th October: Moon Lantern Parade in Elder Park

Friday to Sunday 16th -18th November: Burra Country Music Festival, Showgrounds

Now until December: Open Gardens from Coffin Bay- Mt Gambier- Coromandel Valley- Gumeracha etc.

FULHAM PARK RACEWAY

1/32 & 1/24 Scale Slot Car Racing on road & oval circuits at Lockleys

Senior's Social Race Day

The last Thursday afternoon of each month (except the 4th, 9th & 12th months)

I invite Nissan Patrol Club members, family & friends to attend the FPR Seniors Day

Cars & controllers are provided for all racing at no charge.

Come & enjoy the social handicap racing with a chat & afternoon tea

Some of those who have been attending are members of 4wd clubs

For details please contact John Smedley Mob: 0412857 008 email: fpr10@bigpond.com

Website: www.slotcarsadelaide.com



EARLY REMINDER OF NPC ANNUAL AUSTRALIA DAY LONG WEEK-END MURBKO LAGOON CANOE/FISHING EVENT 25th - 28th January 2019

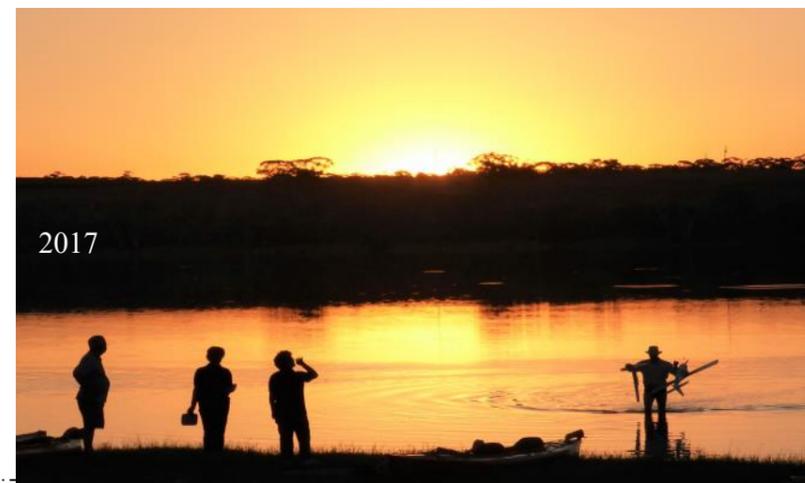
Come for a day or the entire period

The cost is approx. \$10 per day per vehicle through a self-registration system at the gate. The camping area has no facilities and no toilets. The Club toilet tent will be available or bring your own facilities. Brian will check the cost closer to the occasion

Be prepared to dress up for happy hour on Saturday evening, in either Green and Gold, or Red, White and Blue, or be adventurous and dress up as a famous Australian.

Bring nibbles for a pre-dinner happy hour, which are colour co-ordinated with Aussie colours, and an "Australian" dessert to share.

Bring your swimming, canoeing, and fishing gear





Morgan Quarry

Training weekend is coming up
2nd –4th November

This is a fabulous weekend for socialising and practising 4WD driving skills in the company of the Mitsubishi Club

Trip leader is Dave Richards

CLUB MERCHANDISE AVAILABLE TO PURCHASE

- Nissan Patrol Club sticker: Large circle \$2.20.
 - Nissan Patrol Club cloth badges: \$6.00
 - Nissan Patrol Club Key Rings: \$5.00
 - Water Bottles: Light stainless steel, \$8.00 each or 2 for \$15.00.
- Contact Marina



Family Christmas Picnic with Santa



SUNDAY 25 NOVEMBER
Challa Gardens Primary School

Commencing 10.00 am with fun filled activities occurring during the day for Young and Old!

Father Christmas has been booked to arrive after lunch



For Santa's sack; please bring a present to the value of \$10-\$20 for your child/ children or grandchildren. Please remember to wrap and mark the gift with the child's name.

The Club will be providing cool drinks, sparkling wine, lollies and ice creams. Please BYO food, chairs etc. to ensure you have a happy day. **Remember to place your name on the "Trips list" for catering purposes! -please include the children's ages**



CD's & DVD's available for viewing from Jeff Schapel: continued from the August magazine

17	2003 Tasmania. Photographs by Marcia Watt NPC 213 & Martin Brocklesby NPC292. September/October 2003.	Marcia Watt & Martin Brocklesby
18	2003 Coorong Clean-up. 28 Mile Crossing. DVD narrated by Neil Watt NPC213. March 2003. 1hr 3mins.	Neil Watt
19	2004 Square Dancing at Keyneton. 11 September 2004. 51 mins.	Halina & Michael Stankiewicz
20	2005 Clayton Raft Races. Photographs. February 2005	NPC
21	2005 Peake. Photographs. July 2005.	NPC
22	2005/06 Peake. Photographs. (Same photos as no. 21) Seven mp4 video clips. July 2005. Photographs. April 2006.	Nissan Patrol Club*
23	2006 Peake. Photographs. April 2006.	R. Lever
24	2006 Nargkat CP Border Track Stage 2 Survey. Survey information and photographs. August 2006.	Jeff Schapel
25	2007 Vietnam Slide Show. Not narrated. Participants: Pat & Des Trowbridge NPC219, Jeff & Jeanene Schapel NPC31, Bob & Janice Lamkin NPC84, Dave & Gloria Foster NPC375, Frank & Roz Foster NPC279 & their daughters Robyn & Anne. April 2007. 23mins. Plus 193 Photographs. April 2007.	Pat & Des Trowbridge
26	2008 Antarctic Trip. Video. No narration. wmv format. January 2008. 25mins.	Pat & Des Trowbridge
27 (2 discs)	2008 National Parks of Central WA. DVD narrated by Jeff Schapel NPC31. Participants: Don & Kathy Grigg NPC260, Jeff & Jeanene Schapel NPC31. July-August 2008. Disc 1: 50mins. Disc 2: 56mins.	Jeff Schapel
28	2008 WA Trip Photos. 120 photographs. Participants: Pat & Des Trowbridge NPC219, Frank & Roz Foster NPC279, Bob & Janice Lamkin NPC84. September 2008.	Pat & Des Trowbridge
29	2009 Coorong Clean-up. 28 Mile Crossing. 234 photographs by Helen Richards NPC364. October 2009.	Helen Richards
30	2009 Watershed Wetlands & Trails. Presented by Rob Kelvin. Commentary: Prof Chris Daniels. 15mins.	City of Salisbury
31 (3 discs)	2009 China Discs 1-3. DVD narrated by Jeff Schapel NPC31. Participants: Pat & Des Trowbridge NPC219, Lyn & Dave Alyward NPC272, Susan & Alastair Boyle NPC338, Pauline & Jim Byfield NPC319, Phil Evans, Gloria & Dave Foster NPC375, Frank & Roz Foster NPC279, Kathy & Don Grigg NPC260, Anne & John Lugg, Kathy & Brian Mitchell, Chris & Brian Robinson NPC270, Jeff & Jeanene Schapel NPC31. September 2009. Disc 1: 69mins. Disc 2: 66mins. Disc 3: 69mins.	Jeff Schapel

32 (3 discs)	2009 China Discs 4-6. As above. September 2009. Disc 4: 51mins. Disc 5: 42mins. Disc 6: 72mins.	Jeff Schapel
33	2010 The Paddocks Wetlands. Para Hills. 79 photographs. September 2010.	Helen Richards
34	2010 Willangi June 2010. 644 Photographs. June 2010.	Helen Richards
35	2010 Peake. 282 photographs. May 2010.	Helen Richards
36	2010 Mid-year Dinner. Dolphin Explorer, Port Adelaide. 144 photographs. July 2010.	Helen Richards
37	2010 Slot Car Racing. 104 photographs. May 2010.	Helen Richards
38	2009 Music Campout. Bindmurra Station, Blanchetown. 154 photographs. October 2009.	Helen Richards
39	2012 Easter (April) Warraweena. Otway Ranges 4WD Club & Nissan Patrol Club of SA. Narrated. April 2012. 30mins.	Otway Ranges 4WD Club
40	2014 35 th Anniversary - Collection of past Photos for Slide Show. 2385 photographs. Plus slide descriptions for the 1 st 646.	Jeff Schapel
41	2015 Repair of Moxon's Hut Easter 2015. Willow Springs, Flinders Ranges. DVD narrated by Pat Trowbridge NPC219. Video by Pat Trowbridge. Video editing Jeff Schapel NPC31. March 2015. 31mins.	Pat Trowbridge
42	2016 Canoe Races, Murbko Lagoon & Raft Races. 142 photographs. Over several years to 2016.	Brian Cook
43	1994 Great Desert Golf Classic. DVD narrated by Kym Wenham NPC212. Marree, Oodnadatta, Old Andado, Alice Springs, Gawler Ranges. July 1994. 80mins.	Kym Wenham

* Author unknown.

Friday Funnies

"Cash, cheque or card?" the cashier asked. As the woman looked for her wallet, the cashier noticed a remote control for a television set in her purse.
"Do you always carry your TV remote?" the cashier asked.
"No," she replied. "But my husband refused to come shopping with me, so figured this was the worst thing I could do to him."

Why does Sea World have a seafood restaurant? I'm halfway through my fish burger and I realize, "Oh my Gosh... I could be eating a slow learner."

Some women hold up dresses that are so ugly and they always say the same thing, "This looks much better on". "On what? On fire?"

I have a great diet. You're allowed to eat anything you want, but you must eat it with naked fat people.

From Westprint Friday Five

Tyre Pressures for 4WDDriving

The July edition of Cat Chat magazine from the Mitsubishi Club of SA has an article regarding the failure of a set of 2 year old Toyo tyres on a Pajero. I found this very interesting so decided to do some research regarding my own tyres.

4WDDriving is an enjoyable pastime. Many of us just want to get out to nature while others also like to pit their vehicles against the terrain. Either way the vehicles, accessories and tyres we use are expensive. One of the ways to reduce costs so that we can continue to enjoy our favourite pastime is to consider tyre pressures

The Theory

Since the point of contact of the vehicle with the road is the tyres, altering tyre pressure is the simplest way to modify performance. In most situations this means decreasing tyre pressure

When driving on soft sand the forward motion causes the sand to be pushed into little mounds in front of the wheels so that the car is always trying to climb these mounds. With normal tyre pressure the vehicle's wheels will spin causing a hole and so the vehicle is bogged very quickly. Deflating the tyres increases the footprint and therefore the weight of the vehicle will be spread over a larger area which reduces the depth the tyre sinks

Some advantages:

Prevents damage to the track as there should be less wheel spin to create holes. Also other drivers won't need to by-pass those holes

On rough or corrugated surfaces there will be less vibration and therefore improved comfort for passengers and less damage to the car.

The tyres soften and when driving over rocks this helps make the tyre more flexible and less prone to damage

More traction is a very important factor in all 4WDDriving situations

Towed vehicle tyres need to be reduced as well

Some warnings:

REDUCE SPEED

Under body clearance is reduced

Take care with braking accelerating and turns as tyre can separate from the rim

Tyres need to be reinflated according to conditions

Driving at speed with reduced pressure will cause heat build-up in the tyres and may cause tyre failure endangering life

On rough tracks take breaks to allow your tyres and suspension time to cool down

Rims can be damaged more readily (while improving the wear on the tyres)

Tyre pressures cause a lot of debate: a starting point:

Use about: 16 - 20psi in sand

20 to 30 psi on rocks

25 to 30 psi on rough gravel roads

Other factors

how much load is your vehicle carrying?

what is the sidewall profile (depth of rubber) of your tyres?

do you know how your vehicle handles with low pressures?

what speed are you going to drive at?

on sand see what people with similar vehicles and loads are using.

on sand if you think you are going to get stuck lower your tyre pressure again.

In my case, Toyota Prado Landcruiser GX2013 with Bridgestone Dueller A/T Light Truck 245/70R17. Toyota recommend 29psi front and back. Email enquiries to Bridgestone have unfortunately gone unanswered and the website does not discuss changing tyre pressures

Researched Articles from: offroadaussie.com: 4wdaustralia.com and Introduction to 4W-Driving Techniques NPC.
Anne Fritsch NPC 408



Keeping you off the beaten track

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 Arthur J. Gallagher

RECIPES WITH IAN



CAMP OVEN PIZZA

Combine: 1.) 1 1/2 cups warm water, pinch sugar and 2 tsp dried yeast
2.) 4 cups flour (plain or with some whole meal), tsp salt, 60ml olive oil

Lightly mix 1 & 2 together

Knead well for about 10 mins on a floured board

Rest for 30 mins

Cut the risen dough into 3rds and form into round loaves. Toss gently in a circular motion to make pizza shapes. Outdoors is the best place to practice this skill as the mess doesn't matter. Or use a rolling pin

Up end your best camp cake tin and place in the bottom of the prepared camp oven. Dress the pizza with flavoured toppings and carefully place on the hot flat surface. The heat will determine cooking time and this can be a bit tricky but up to 10 minutes or until the top is ready. The bottom will cook quickly if your camp oven is preheated

An old cake splade with a long wooden handle will facilitate this process
The toppings can be prepared before you leave home and sealed in zip lock bags and maybe frozen

Next day we hit the big smoke of Birdsville for the races. We were just a bit early, so with Wally's other friends we set off out to Big Red in the desert. There were enormous areas of water lying around. We stopped by a small puddle and noticed small shell fish swimming around, amazing. Getting over Big Red was relatively easy at low pressure. After lunch back at the race track the bets were changing hands at a furious pace. It still beats me how you can pick a winning horse. The most unusual scene at the track and the pub has to be some of the fashions. Some dressed for the beach with their multi coloured shorts and tops. All in all it was a good day and as a lot of the money made goes to the Royal Flying Doctor Service a great service) it was well worth it

Next morning the big clean-up was in full swing in town, the left overs of the party. Seemed strange putting our rubbish in the bin when most of the rubbish (beer cans) were left on the ground.

Before making our journey south we checked at the police station on the condition of the track as we were thinking of coming back through Innamincka. Good job we did check as the track was closed. So we proceeded back down the Birdsville Track.

We got down the track about 400k when Wally's vehicle started coughing, so we pulled over and changed the fuel filter which had some grit in it. Back on the track it started again. Now Wally looked at the filter in the fuel pump and it looked as if it had been dropped in the mud. It's a wonder any fuel got to the carby. After getting it all fixed the vehicle went like a rocket. Now on to Farina for our last camp. We travelled back through Lyndhurst, meeting a lot of traffic from the opera, on through Hawker and Orroroo. Good weather was had all through the trip. I think the most disappointing part of the trip is when you get close to home and the weather turns cooler and you feel like heading north again.

This was a good 5 day trip of approximately 2700kms. Well worth the drive. Good company, who could ask for more. Will have to go up there again next year, eh, Wally

Peter (Fred) Ellis No. 67



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