

PATROLLING



***Volume 46 Number 2
April 2024***



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Webmaster **Rod Kitto**

Facebook **Helen Richards**



Contact us

Nissan Patrol Club of South Australia

PO Box 153

Kilkenny SA 5009

Membership

membership@nissanpatrolclubsa.org

Magazine

editor@nissanpatrolclubsa.org

Website

www.nissanpatrolclubsa.org

webmaster@nissanpatrolclubsa.org

The Nissan Patrol Club of South Australia was founded in 1979, to provide a meeting place for individuals and families with an interests in four wheel driving and associated activities. From the beginning we have promoted safe and environmentally responsible, four-wheel driving as a way to enjoy our great country.

The club welcomes all makes of vehicles, and has drivers with all skill levels. For the novice there is a wealth of experience to draw upon. Some members have had formal training, many more have had years of experience.

We run many trips each year, offering members a chance to learn new skills or practise old ones. We also have events that range from the extreme to the sedate, with a social program throughout the year

We participate in a volunteer program of environmental care work in one of our national parks, allowing us to give something back to the bush we enjoy so much.

Club Meetings are held at Challa Gardens Primary School, Humphries Terrace (off Torrens Road), Kilkenny, on the first Thursday of every month except January. They commence at 7:30pm

The Nissan Patrol Club is a member of Four Wheel Drive SA Inc, which is a member of Four Wheel Drive Australia Pty Ltd.

Back and firing on all cylinders

Hello Patrollers. It was good to see trips commencing this year with the Murray Mouth trip in February, which was well attended. Nobody got bogged and the usual coffee and cake, or ice cream due to the heat, was indulged in by some afterwards.

The diary is quiet full with trips and social events during 2024. It looks like it will be a good year.

The preparations for the 45th Dinner at Glenelg Golf Club on 29 June 2024 are progressing well. So far 34 names are on the social trip sheet, and the sub-committee hope a few more Members will be able to attend.

The Committee decided to cancel the March Committee Meeting due to six of the Committee, including Maddie and myself, being away and it was agreed by the majority of the Committee that there seems little needed to be discussed at the March meeting as so much was discussed at the February Committee Meeting. Never fear though, the Club is still in "good hands" as the Committee work in the background via email and telephone between Committee Meetings if anything important does arise.

Contributing and actively participating in the club is a great way of getting to know your fellow members. Remember that the Nisan Patrol Club is your club. Please always feel free to contribute any ideas you have about the club, trips, meetings, etc. By actively participating you are helping to shape the club you want.

Let's enjoy life, make new friends, travel far and wide, and make 2024 a year to remember.



Happy Travels, as far as you can, and stay safe out there.

Your Club President

John Day NPC 407

From the Editor's Desk

Goolwa Beach, photos, and food

As the magazine goes to press the members are on their way for the Easter holiday, many heading for Willangi Bush Escapes, a working 9,500-acre property 15 km north of Peterborough, ready to make the most of the glorious weather turned on for the season.

We will have a full report of that trip next magazine but you can read all about the club's first trip for the year, a run down to the Murray mouth, in this issue (page 12 & 13). The run was the first many in the club had undertaken at the new more leisurely pace mandated by new speed limits introduced to protect families and birdlife. I'm sure none of us mind, especially as it helps keep the beaches accessible to 4WDs and protects people and the environment.

On the day, the beach was less crowded than usual even though the fish were really biring – although not for club members it's disappointing to report.

This issue also sees the long-delayed publication of the winners of last year's photographic competition, a longstanding tradition of the club and one we can be proud of, given the quality of entries

and particularly the winning shots. You can see for yourself on pages 14 to 17.

We also have pictures of the first general meeting of the year held in February, before which members enjoyed the traditional gourmet sausage sizzle. Many thanks to all who brought salads and other sides as well as the men manning the BBQ for another year.

Thanks, too, to Helen Richards and Christine Robinson for contributing some delicious recipes for us to get cooking round the campfire. You will find them on pages 19 to 21.

Finally, check out the opinion article on page 22 where John Quiggin, Professor of Economics at the University of Queensland, is highly critical of the federal government's weakening of vehicle emissions rules, particularly with respect to 4WDs. But Quiggin also makes the useful point that new giant US trucks bear little in common with the rigs we are more familiar with. It's an important debate, which affects us all and we should keep in touch with.

Bill Condie NPC 423

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Z Ward: Behind The Walls

11 May, 10:00 am, \$18 per person

Contact John Day

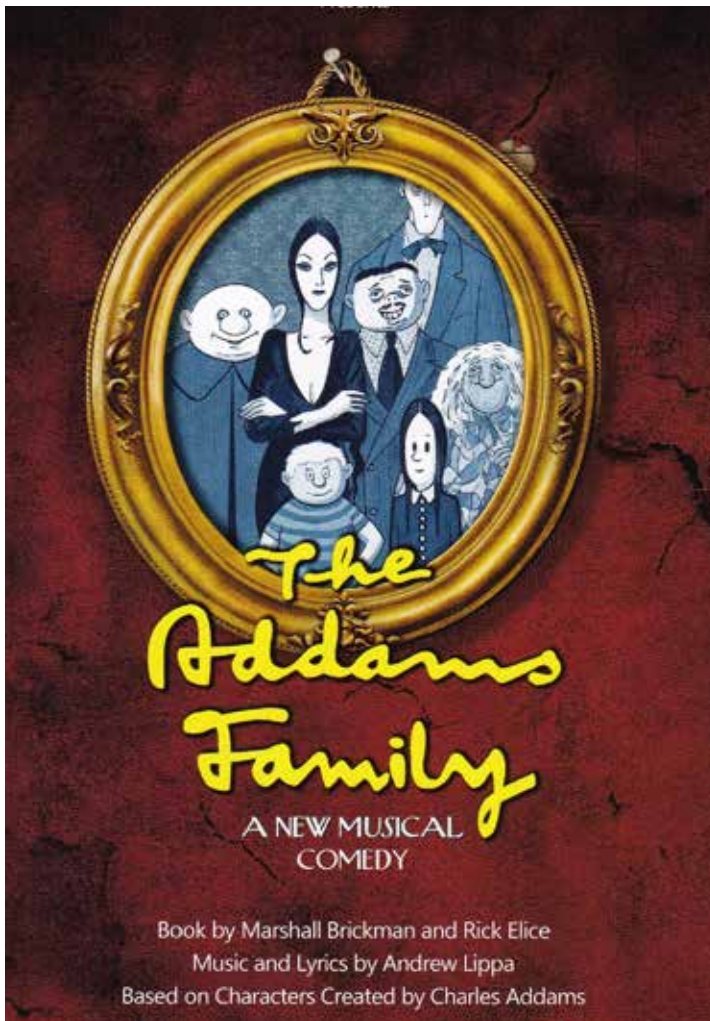
For almost 90 years Glenside’s Z Ward was home to South Australia’s “criminally insane”, patients who sat on the overlapping edges of criminality and mental illness.

Patients who were accommodated in Z Ward were Governor’s pleasure patients: those acquitted of their crime on the grounds of their insanity. The majority were people charged and convicted of a minor offence, but exhibiting sufficient signs of psychiatric instability that it was thought more beneficial for them to be placed in an asylum rather than in a gaol to serve their sentence.

Z Ward closed on the 13th December 1973.

Join guided tours, that showcase the building in interesting new lights.

Please note Z Ward’s upper level is accessible by stairs only. .



Theatre Night The Addams Family

17 May 2024, 7.30 pm at the Arts Theatre Angas Street Adelaide

In the kooky, upside-down world of the Addams Family, to be sad is to be happy, to feel pain is to feel joy, and death and suffering are the stuff of their dreams. Nonetheless, this quirky family still has to deal with many of the same challenges faced by any other family.

The Addamses have lived by their unique values for hundreds of years and Gomez and Morticia, the patriarch and matriarch of the clan, would be only too happy to continue living that way however, their dark, macabre, beloved daughter Wednesday, has fallen in love with Lucas Beineke, a sweet, smart boy from a normal, respectable Ohio family – the most un-Addams sounding person one could be! And to make matters worse, she has invited the Beinekes to their home for dinner. In one fateful, hilarious night, secrets are disclosed, relationships are tested, and the Addams family must face up to the one horrible thing they’ve managed to avoid for generations: change.

Cost per person is \$32 provided we get at least 30 tickets.

Cost per person is \$32 provided we get at least 30 tickets.

Contact: Jeff Schapel.



Deep Creek Working Bee

24-26 May

The first of two of our regular working bee weekends at Deep Creek. Now under new “management” after Wayne Dunn bowed out after years of great service. But there’s plenty of work still to be done as well as enjoying a great weekend away with friends.

It starts as usual with a meet-up at the Yankalilla Bakery.

Make sure to contact John Day to make sure there are enough campsites booked.

Contact Helen Richards

**Mid-Year Dinner
45th Anniversary**

Glenelg Golf Club

29 June

Arrival from 6:00pm for 7:00pm Dinner

Glenelg Golf Club Dining Room James Melrose Rd, Novar Gardens SA 5040

The cost is \$60 per person.

The alternate drop three course meal with will consist of:

- Entrée
- Main course
- Dessert
- Tea or Coffee and chocolates

All attendees will receive a memento of the evening.

There will also be a club quiz, prize winners and a lucky door prize.

The 40th anniversary dinner time capsule will be opened and a selection of the contents read out. Bring along or send us your club memorabilia/photos.

Local Accommodation on Military Road:

Big 4 West Beach Parks caravan/cabin park (08) 8355 7320; or



The Retreat at West Beach Parks cabins (08) 8355 7360.

Please reserve this date in your diary and indicate your intention to attend by emailing: 45dinner@nissan-patrolclubsa.org. Please advise of any allergies and/or dietary requirements when responding. Your early reply is appreciated for planning purposes.

Forward payment to the Treasurer, Maddie Day, by 1st May 2024.

- EFT Details: BSB: 105-042
- Bank Account: 181 313 840
- Bank a/c Name: Nissan Patrol Club of SA Inc
- Reference: Your surname & initials

**Contact: John Day at
45dinner@nissanpatrolclubsa.org**



Peake 14-16 June

This popular mid-winter weekend, where tackling the sandhills meets Dutch oven cook-offs needs little introduction.

Contact Helen Richards



Cowell Weekend 7-14 September

A weekend of fishing, sight-seeing, with the possibility of some possibly 4wd-ing in the mix

Contact Carmen Riddle



Burra Weekend

4-7 October

Details to follow

Contact Wayne Dunn

Deep Creek Working Bee

25-27 October

The second working bee weekend for the year at Deep Creek. Contact John to make sure enough campsites have been booked at the Trig campground.

Contact Helen Richards



Trip Planner

Morgan

1-3 November

Now in its second decade!

Site bookings can be made at the Morgan Caravan Park - phone 8540 2207. Quote the reservation under Helen Richards (Nissan Patrol Club).

Contact: Dave & Helen Richards



Breakfast in the Park, 15 December

Our usual get-together in Rymill Park

Contact: Rod Kitto



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The year got off to its usual start with the Nissan Patrol Club Gourmet Sausage sizzle ahead of the February meeting, the first for the year. Thanks to Jeff, Rod and Colin for manning the BBQ as usual



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A clear run to the Murray mouth

Sunday 18 February 2024

The day began with us meeting at the carpark at the end of Beach Rd Goolwa just prior to the low tide mark

After the obligator airing down 10 vehicles proceeded down the beach to the mouth.

The speed limits on the beach have changed which resulted in a slightly longer trip than previous years. Surprisingly the beach was not packed, it was a bit on the cool side so few were swimming ,most were cockling

After arriving at the mouth the next three and a bit hours were spent walking , eating , drinking and a few tried the luck fishing- no success

The days highlight came towards the end when a local fisherman caught the biggest Mulloway I have seen, it must have been over a meter long , so big he could barely lift it. The fishers amongst us were extremely envious

We left the beach and after a wait at the exit for the usual SUV AWD to be rescued we aired back up and departed for home

All in all an enjoyable day

**Wayne Dunn
NPC 389**





A nine-vehicle line-up for the club's first trip of the year, above, where club members enjoyed relaxing on the beach. No club members had any luck fishing but as the picture opposite shows, the mulloway were there





Nature

First Prize: Jeff Schapel

“I can see you too”

Second Prize: Rod Kitto

“Standing Tall”



People

First Prize: Helen Richards

“Now pay attention 007, I’m sorry that last hand nearly killed me”

Second Prize: Renee Garrett

“This is how you cross a dry creek bed”





Sunset

First Prize:
Helen Richards

Reflections

Second Prize:

Maddie Day

Easter sunset



Vehicles

First Prize: Rod Kitto

“Careful!”

Second Prize:

Maddie Day

“We can see you”



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Keep up to date with the club on Facebook

www.facebook.com/nissanpatrolclubsa

Photos, video, details of upcoming trips and guest speakers

Club merchandise available to purchase

Nissan Patrol Club sticker: Large Circle \$2.20

Nissan Patrol Club cloth badges: \$6.00

Nissan Patrol Club key rings: \$5.00

Water Bottles: Light stainless steel, \$8.00 each or 2 for \$15.00



Helen's golden syrup dumplings



Ingredients

- **190g (1 1/4 cups) self-raising flour**
- **30g butter, chilled, chopped**
- **80ml (1/3 cup) milk**
- **80ml (1/3 cup) golden syrup**
- **Ice-cream or double cream, to serve**

Sauce

- **500ml (2 cups) boiling water**
- **185ml (3/4 cup) golden syrup**
- **100g (1/2 cup, firmly packed) brown sugar**
- **40g butter**

Method

1. Sift the flour into a large bowl. Use your fingertips to rub in the butter until the mixture resembles fine bread-crumbs. Make a well in the centre. Pour in the milk and golden syrup and use a wooden spoon to stir until well combined. Roll the mixture into 18 balls.

2. To make the sauce, combine the water, golden syrup, sugar and butter in a large saucepan over medium heat. Cook, stirring, for 3 minutes or until the sugar dissolves and the mixture comes to a simmer.

3. Add the dumplings to the sauce. Cover. Cook for 20 minutes or until the dumplings are light and fluffy. Use a slotted spoon to divide the dumplings among serving bowls. Spoon the sauce over the dumplings and serve with ice-cream or cream.

Past favourites

Patrolling

BUSH COOKING


Christmas Cake Recipe

Delicious and Nutritious

1 kg mixed fruit
2 cups fruit juice
2 cups organic self raising flour

Optional :
Add 1 tbs of Sherry, Cointreau or Grand Marnier to the juice

Preheat oven to 125C.
Soak fruits in juice for at least 2 hours.
Stir flour into soaked fruit and mix well.
Put into a 22cm paper- lined cake tin.
Bake in the bottom of your oven for 2 to 2 and a half hours.
Remove from oven and leave to cool.
Put into container or wrap in foil.
Keep 2-3 days before cutting.




From Angus & Robertson catalogue : 4 ingredients recipes

NELLIE B's OLD FASHIONED HINTS

Candles

- Candles will last longer and not drip if stored in the refrigerator - you will also know where to find them in an emergency. (*Ed. You may have to give up a few tinnies.*)
- Straighten bent candles by putting them in a plastic bag and holding them under hot running water, then rolling them on a flat surface.
- If a candle is difficult to light, dip the wick in alcohol shortly before it is lit. (*Ed. A glass of Southern Comfort is ideal. Keep your teeth closed to strain out the black stuff at the bottom of the glass.*)
- Sprinkle a little salt on to the hot wax at the top of a burning candle to make it burn longer.
- Stop candles from smoking by dipping the candle base first (not the wick) into soapsuds and drying before lighting.

REMEMBER - when disposing of your old vehicle, please remove your club stickers, as the person you sell it to may not be as concerned with the do's and don'ts of four wheel driving as you are and therefore will give the Club a bad name.



NISSAN PATROL CLUB OF S.A. Page 33 December 2008

Helen's Curried Sausage Casserole

Ingredients

- **4 large potatoes**
- **4 carrots**
- **8 good-quality sausages**
- **2 tablespoon olive oil**
- **1 onion, chopped**
- **1 garlic clove, crushed**
- **1 teaspoon curry powder.**
- **450g can pineapple pieces**
- **400g can chopped tomatoes**
- **400ml vegetable/ beef stock**
- **1-2 bay leaves**
- **1 1/2 tablespoon gravy mix.**
- **1 cup of peas added an hour before serving.**
- **1 cup of beans added an hour before serving.**

Method

1. Peel the potatoes and cut them in half, then into quarters. Peel the carrots and cut each carrot into about 4 or 5 even pieces.
2. Prick the sausages all over with a fork – this helps the fat to run out of the sausages, so that they don't split open as they cook. Heat the olive oil in a heavy-based casserole and fry the sausages, turning often, until lightly golden all over – this should take about 10 minutes. Remove the sausages from the pan and put them in the slow cooker
3. Add the chopped onion to the pan (there will still be some oil in the pan from the sausages) and continue to cook over a low heat for 5-10 minutes, until the onion is slightly soft. Add the garlic and curry powder and cook for another minute.
4. Add the chopped potatoes and carrots and stir everything around in the slow cooker so that it cooks evenly.
5. Add the tomatoes, pineapple and stock (to measure the stock, you can use the empty tomato can – filled up, it will hold 400ml of stock) and the bay leaves. Bring to a simmer (so it's just bubbling gently). Return the chopped sausages to the slow cooker.
6. Cook for 6 to 8 hours on slow, making sure the potatoes and carrots are cooked through, take out Bay Leaf and serve with bread or rice.

What should we do about monster utes?

John Quiggin, Professor of Economics at the University of Queensland, slams the federal government's weakening of vehicle emissions rules. First published in The Conversation

The federal government has bowed to pressure from the car industry, announcing it will relax proposed emissions rules for utes and vans and delay enforcement of the new standards by six months. The government says the new rules give Australian motorists a greater choice of electric vehicle models and insists the policy is “good for the environment”.

But on the latter point, the government is mistaken. The amended rules will slow the reduction in emissions from Australia's polluting road transport sector. And they reflect domestic and international trends that, taken together, increase the risk Australia, and the world, will fail to achieve net-zero emissions by 2050.

What are the changes?

Vehicle emissions standards set a limit on grams of CO₂ that can be emitted for each kilometre driven, averaged across all new cars sold. Carmakers failing to meet the standards will incur financial penalties.

The federal government released its initial version of proposed vehicle emissions standards in February. Under the changes, some 4WD wagons – such as the Toyota LandCruiser and Nissan Patrol – will be reclassified from “passenger car” to “light commercial vehicle”. The change means less stringent emissions standards will apply to those models. In a statement, the government justified the change by saying some off-road wagons have a similar chassis and towing capacity to vehicles in the light-commercial category, and so should be subject to the same standards.

The government will also give more favourable treatment to heavier vehicles. And manufacturers will not be penalised under the scheme until July 2025 – six months later than the government originally proposed.

The global picture

The government's decision to weaken the standards is a response to pressure from the domestic vehicle industry, and a concession to the Opposition which falsely claims the new standards are a “ute tax”.

But the watering-down also reflects a broader international trend in which the legacy vehicle industry is backing away from its earlier commitments to a rapid transition to electric vehicles.

For example, in the United States Ford and GM have both cut back production of some models, reportedly due to lower-than-expected consumer demand.

Also in the US, carmakers this month secured a relaxation of the Biden administration's fuel efficiency targets for new vehicle sales.

US politicians are also pushing for increased tariff protection from imports, already taxed at 27.5%. This would make US producers even more competitive against big Chinese electric vehicle brands such as BYD.

Toyota, the world's largest car maker, has gone all-in on hybrid electric vehicles, beginning with the highly successful Prius. But as

the global market has shifted to fully electric cars, Toyota has fought against further tightening of standards.

Pressure in Australia

Australia no longer has a domestic car manufacturing industry. But global carmakers continue to exert powerful influence through the Federated Chamber of Automotive Industries, Australia's peak industry body for manufacturers and importers of passenger and light-commercial vehicles. The chamber has consistently lobbied against effective climate action.

The government's agreement to weaken standards also reflects the prevailing assumption, apparently shared by both major parties, that tradespeople comprise the majority of the “working class” voters for whom they are vying.

But it's an out-of-date assumption. In the 1980s, the occupations fitting a broad interpretation this term (trades and technical workers, machinery operators and labourers) accounted for 40% of all employed workers, and a majority of full-time non-managerial workers. But today, only 28% of workers fit this description. Workers with professional qualifications, such as teachers and nurses, outnumber trades and technical workers two to one. But their concerns are frequently dismissed by some politicians as those of a woke, inner-city minority.

Utes are changing

The shift from substance to symbol in regards to the working class is mirrored in the transformation of utes themselves.

Until relatively recently – and as the name implies – utes were utilitarian vehicles designed for the practical tasks of carrying a farming couple “to church on Sundays and the pigs to market on Mondays”. But over time, this has been replaced by various forms of cosplay.

Utes have been tricked out with sports bars and fancy wheels, metallic paint and so on. More recently, the traditional ute has been replaced by US-style pickups, typically sold in dual-cab configurations.

Most models of the market-leading Ford Ranger don't even offer a single-cab version, though such versions are sold overseas.

These vehicles are massive, but many have far less carrying capacity than a traditional ute. For example, the Ram 1500 has a tub length of 1.7 metres, compared to about 2.4 metres for the tray of a standard single-cab ute.

Unless the growth in the size of passenger vehicles is stopped and reversed, Australia's task of meeting our net-zero target will be even more difficult.

It's unlikely the two big parties will act on this issue any time soon. But as climate change worsens, the need to wean ourselves from monster cars and internal-combustion engines will demand the attention of our political leaders.

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